



CoreBalance
Therapy, LLC

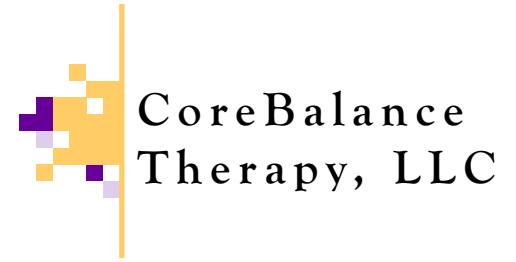
906 W. University Ave.
Suite 120
Flagstaff, AZ 86001

Phone: 928-556-9935
Fax: 928-774-4277

reception@corebalancetherapy.com
www.corebalancetherapy.com

*Our mission is to provide expert
care that is respectful of the
individual patient's health goals.*

COREBALANCE THERAPY, LLC
906 W. University Ave.
Suite 120
Flagstaff, AZ 86001



*Dedicated to
Optimizing
Health and
Function*



AMY FLORY, MPT

Amy Flory is a physical therapist and co-owner of CoreBalance Therapy. She has lived in the Flagstaff area for 10 years and she received her master's degree in physical therapy in 1996 from Northern Arizona University. Amy is experienced in physical therapy for people with chronic pain, incontinence and dizziness, and for women during and following pregnancy. She serves as the Southwest Representative for the Women's Health Section of the American Physical Therapy Association. Outside of work, Amy enjoys photography, painting and spending time outdoors with her husband son, and baby daughter.

What do we offer?



◆ **WOMEN'S HEALTH** physical therapy includes pre/postpartum care, exercise and preventative education, and treatment for pain and other discomforts associated with pregnancy and gynecology.

◆ **VESTIBULAR TRAINING** includes exercises to decrease dizziness and improve balance and coordination.



◆ **Male and female INCONTINENCE** can be treated with exercise, education and biofeedback.

◆ **PAIN MANAGEMENT** includes education and treatment of pelvic pain, neck and back pain, and other orthopedic pain syndromes.



SARAH HUDELSON, DPT

Sarah Hudelson has lived in Flagstaff since 1997 and holds her doctorate in physical therapy from Northern Arizona University. She is co-owner of CoreBalance Therapy and is experienced in physical therapy for dizziness, pelvic floor dysfunction, incontinence and chronic pain. She also enjoys working with women during and following pregnancy, as well as pediatric patients. She is married, with two young sons, and enjoys all types of outdoor recreation.

